

“No Matter what I do while I am still in school or after I graduate, I will be able to draw from my leadership experiences at the University YMCA. These experiences have given me the confidence and knowledge to be a leader for the rest of my life. ”

Jason Smith
Student Leader 1998-2003

This kit is designed to stimulate thinking and present possibilities for starting a Student YMCA. It is by no means comprehensive, but rather explains initial steps and provides examples of existing Student Ys with a variety of backgrounds and organizational structures. As you begin this process, take advantage of the resources provided by the YMCA of the USA and the experience and advice of these existing Student Ys.

STUDENT YMCA FREQUENTLY ASKED QUESTIONS

Q: What is a Student YMCA?

A: Student YMCAs take many forms and focus on different issues in different ways. Although they go by different names (“Campus,” “University,” or “Student” YMCA), all should abide by the KEY PRINCIPLES listed below. Their organizational form, mission statements, activities and programs may vary greatly. See examples later in this guide on page

Q: How does a Student YMCA benefit students at a college or university?

A:

- Connects students to the larger community through service and networking opportunities
- Provides local, national, and international YMCA opportunities
- Develops leadership skills
- Lays a foundation for a lifetime of community service

Q: How does a Student YMCA benefit a local YMCA?

A:

- Provides enthusiasm and inspiration
- Enhances YMCA image in the community
- Grooms capable young people for future YMCA leadership and involvement as members, donors, and volunteers
- Expands effectiveness of YMCA leadership through collaboration with a college or university
- Provides volunteers and employees to help fulfill the Ys mission

Q: How does a Student YMCA benefit a college or university?

A:

- Enhances the educational experience the university provides
- Gives students a vehicle to apply and test classroom knowledge
- Increases effectiveness of leadership development through collaboration with a YMCA
- Enhances college or university’s image within the community

Q: How does a Student YMCA benefit a local community?

A:

- Provides a source of needed workers and volunteers
- Educates future leaders to meet community challenges
- Taps into the energy and creativity of students to address important community issues

STUDENT YMCA FREQUENTLY ASKED QUESTIONS

Q: What makes a YMCA a Student YMCA?

A: A student Y is different from other Ys because its mission focuses on the development and leadership of young adults. Student Ys generally do not have fitness facilities; they are mostly program offices, but look very at each school.

Q: What kinds of programs do Student YMCAs run?

A: The programs vary at each student Y. But there are some main categories of programming- Many Student Ys offer opportunities to do service in the community working with youth, elderly, the environment and other community populations. Many Student Ys also offer an Alternative Spring Break travel program that gives students an opportunity for education and service during their vacations. See page ??

Q: Why should a YMCA, college or university start a Student YMCA?

A: Student Ys are a great way to impact the community and young adults through leadership development programs that make a difference in the world. It is an opportunity for education out of the classroom. A student Y allows for progressive leadership opportunities for students to become more and more involved and invested in the program, the Y and the community.

Q: What is the mission of Student YMCAs?

A: The mission of student Ys vary from site to site- see page for examples.>>>> Most Student Y missions emphasize student leadership, community involvement, ethical values and character development.

Q: How do Student YMCAs collaborate in their communities?

A: Student Ys are a collaboration between students, the university, and the YMCA to meet the needs of the greater community to which they belong. Many partnerships and collaborations are also formed with community organizations to implement programming. COMMUNITY COLLABORATION is a Key Principle of Student YMCAs.

Q: Who should serve on the board of the Student YMCA?

A: It is recommended that the elected board of directors should consist of students, faculty, staff, and community members. Significant Student Reputation is needed to effectively govern the Student Y. DIVERSE GOVERNANCE is a Key Principle of a Student Y.

STUDENT YMCA FREQUENTLY ASKED QUESTIONS

Q: What role do students have at Student YMCAs?

A: Students should be integrally involved in the leadership and operation of student Y's. The programs and governance of the Y should have the needs and desires of students in mind. Many student Ys have students serving on their boards and/or student leadership bodies that help set the direction for the Student Y. STUDENT LEADERSHIP is a Key Principle of Student YMCAs

Q: Are Student YMCAs recognized student organizations at their college or university?

A: Student Ys usually are recognized student organizations at their University or College and there should be a FORMAL AGREEMENT with the college or University wherein the Student Y is recognized as a campus organization.

Q: How do Student YMCAs work with local YMCAs in their community and around the country?

A: There should be a cooperative relationship with neighboring YMCA associations and it is beneficial for YMCA PARTICIPATION in area, state, regional, national and international activities. The YMCA of USA can be a great resource for Student YMCAs. YMCA PARTICIPATION is a Key Principle of Student YMCAs

Q: What are the Key Principles of Student YMCAs?

A:

- Community Collaboration
- Diverse Governance
- Student Leadership
- Formal Agreement
- YMCA participation (See below for further explanation)

WHAT IS A STUDENT Y?

Student YMCAs take many forms and focus on different issues in different ways. Although they go by different names (“Campus,” “University,” or “Student” YMCA), all should abide by the principles outlined below. The organizational forms, mission statements, activities, and programs may vary greatly.

Key Principles

- *Community Collaboration* – A Student Y is a collaboration of students, university, and YMCA to meet the needs of the greater community to which all belong.
- *Diverse Governance* – The elected board of directors should consist of students, faculty, staff, and community members. Significant student representation is needed to effectively govern the Student Y.
- *Student Leadership* – A student council, cabinet, or leadership team should be responsible for initiating, planning, conducting, monitoring, and evaluating student programs and activities.
- *Formal Agreement* – There should be a formal agreement with the college or university wherein the Student Y is recognized as a campus organization.
- *YMCA Participation* – There should be a cooperative working relationship with neighboring YMCA associations and participation in area, state, regional, national, and international YMCA activities.

Organizational Forms, Mission Statements, and Activities

The following are examples of some of the organizational forms, mission statements, and activities of Student Ys. It is important to remember that each community is unique and will develop a Student Y whose form, purpose, and activities are based on the needs and desires of that specific community.

Organizational Forms

A Student Y can be organized as either part of a corporate (sometimes called metropolitan) YMCA association (through or as a branch) or as an independent YMCA. The key differences are:

Part of a corporate YMCA includes:

- Tax exemption status filed under the corporate YMCA association
- YMCA staff is available for consultation, resources, networking, and programming
- A collaborative co-existence between the corporate YMCA and university
- An existing volunteer board of managers or directors or steering committee from which to draw
- Partial to full human resource function is the responsibility of the corporate association
- Long-range planning and budgeting is done in collaboration with the association
- Shared percentage support to the YMCA of the USA is paid through the corporate YMCA

An Independent YMCA

- Constitution and by-laws for IRS non-profit tax exemption required
- A formal board of directors must be constituted
- Must complete articles of incorporation process
- Must develop a personnel policy
- Must develop and finance operating budget
- Shared percentage support paid directly to the YMCA of the USA

HOW DO YOU START A STUDENT Y?

There is no set formula for starting a Student Y, but the following steps will provide an effective starting point.

1. **Contact the YMCA of the USA, which** can assist you in contacting experienced YMCA professionals who can help with the process as well as provide materials and ideas.

YMCA of the USA
101 North Wacker Drive
Chicago, Illinois 60606
800- 872-9622
312-977-9063 (fax)

2. **Create an Organizing Committee**

The organizing committee should consist of 12 to 15 representatives from the university, including students, faculty, and staff, and the YMCA staff person who will be assigned to the Student Y. Very likely, university representatives will be people who already have personal experience with the YMCA (e.g., members, friends, or acquaintances of staff). The committee should address these issues:

- Purpose, goals, and philosophy of the YMCA
- Key principles of a Student Y (p.7)
- Information gathering on starting a Student Y
- Financing
- Programming
- The mission
- Experience of other Student Ys

3. **Identify and Discuss the Value of a Student Y on Campus**—what it could contribute that other student organizations cannot or do not. One main difference may be that YMCAs concentrate on the development of the whole person within both the local and global communities.

4. **Clarify Goals for the Student Y**

Some things to think about include:

- Student leadership training and experience
- Personal growth: spirit, mind, and body
- Volunteerism—community service
- Social justice—students as agents for change
- Addressing issues such as racism, peace, hunger and homelessness, poverty, intercultural celebrations, interreligious education, etc.

5. **Conduct a Feasibility Study**

The Organizing Committee should:

- Identify the needs of students
- Analyze community needs and the programs and services that already address those needs (see the Community Needs Assessment worksheet, Appendix A, p.36)
- Identify the types of programs and services needed by students and the community
- Identify one or two initial programs for development and implementation (Working with a local Y or other agencies would facilitate this)
- Explore funding possibilities

6. **Implement Programs**

If you are to be an independent YMCA or a branch of an association, request provisional YMCA status from the national organization

7. **Create an Organizational Structure**

Register as a student organization on campus

Recruit faculty, administrators, or staff as advisors

Create a budget (see the sample budgets)

Request student organization funding where available

Begin paying percentage support to YMCA of the USA (if not part of a corporate association)

After two or three programs are in place, develop a student cabinet or council

8. **Membership in Local and National YMCA Organization**

Formalize ties to the YMCA of the USA

Participate in national activities

HOW DO YOU FUND A STUDENT Y?

There are many ways to fund Student Y activities. The following is a list of possible sources.

- ◆ United Way
- ◆ University funding (e.g., student budget, board, use of space, etc.)
- ◆ Program and membership fees
- ◆ Direct fundraising such as:
 - Annual support campaign (contributions)
 - Endowment campaigns
 - Events and benefits
 - Dances
 - Craft fairs
 - Sales
 - Trips
 - Business sponsorship
- ◆ Grants
- ◆ Programs and activities that generate funds such as:
 - Classes (e.g., craft, language, etc.)
 - Running a thrift shop
 - Running workshops and programs for other organizations
 - Camps
 - Before- and after-school care
 - Internships at a corporate YMCA association

Numerous sources of information about funding are available through the YMCA of the USA has many resources to assist you in financial management and funding your Student YMCA. Please go to the YMCAExchange (username: ymca and password: 9622) for information on:

- **Audit and Tax Requirements**
- **Audit and Finance Committees**
- **Policies & Procedures**
- **Other Financial Issues**

http://www.ymcaexchange.org/back/fiscal_management/

- **General Information**
- **Donors/Giving**
- **Grants**
- **Capital Development/ Campaigns**
- **Endowment Development/ Planned Giving**
- **Annual Giving/ Campaigns**
- **Corporate Sponsorships**

http://www.ymcaexchange.org/front/financial_development/

Add list of resources - including books and organizations

SAMPLE BUDGET:

Add sample budget

Ames-ISU YMCA (Branch of the YMCA of Greater Des Moines, Iowa)
109 Lab of Mechanics
Ames, IA 50011
515-294-2263
515-294-8627 Fax
<http://www.stuorg.iastate.edu/ymca/>

Chas Hunt, Executive Director
chazman@iastate.edu

Mission

Our goal is to develop leadership through programs and work experiences that are consistent with our core values: *caring, honesty, respect, responsibility*. We seek to empower students and help them to focus on their career goals while giving back to the school and the community.

University Relationship

Since 1889, the Student Y plays an important role on campus by providing leadership opportunities, not only for staff but for several hundred student volunteers who participate in special events such as Halloween at the YMCA and Healthy Kids day. As the oldest, continuous student organization at Iowa State University, the Ames-ISU YMCA continue to expand our role on campus by working with the Student Athlete Advisory Council, and other groups in order to fulfill our mission. As a branch of the YMCA of Greater Des Moines, the Student Y continues to grow and thrive.

The Student Y receives half of it's funding from the GSB (Government of the Student Body) of Iowa State University for operations. These funds assist with student salaries, office expenses, and support the YMCA's Outdoor Lodge.

Staff and Volunteer Structure

Volunteers: 210 student volunteers, 4 community board members, and 3 student officers
Staff: 1 full-time, 15 part-time

Paid student Coordinators facilitate the following programs with volunteer support and assistance.

Programs

Swim Lessons
Water Exercise
Adaptive Water Exercise
Water Babies
Y Pals
Connect
Halloween at the YMCA
Minority Initiative Program
Healthy Kid's Day
Internship Program
Outdoor Education Program

Funding

ISU provides the Student Y with an office on campus, free of charge, as it does for all registered student organizations. In addition, the Y is able to rent pool space for Aquatics programming and has access to the Memorial Union for special events. Partners with Youth, GSB, Lodge rentals, aquatics programs,

Atherton Branch YMCA (Branch of the YMCA of Greater Honolulu, Hawaii)
1810 University Avenue
Honolulu, HI 96822
808-946-0253 ext. 232
808-941-7802 Fax
<http://www.athertonymca.org/>

Mission

University Relationship

Established in 1932

Staff and Volunteer Structure

Volunteers: 200 student volunteers

Staff: 3 full-time

Programs

Frosh Camp

Aikane, Fellowships

Friends Across Time

Leader's Edge

Showtime Express

International Programs

Youth Mapping Program

Y-Service Learning Program

Yoga, hula dance, African drumming, martial arts, student projects

Y Buddies

Food program for homeless

Resident housing for students

Funding

Butler Intercollegiate YMCA (Branch of the YMCA of Greater Indianapolis, Ind.)
Atherton Union, Room 300
4600 Sunset Avenue
Indianapolis, IN 46208
317-940-9542
317-940-9930 Fax
<http://www.butlerymca.org>

Amanda Cullum, Executive Director
acullum@indymca.org

Mission

The development of civic responsibility is part of a collegiate education. Butler University Intercollegiate YMCA offers students a wide array of opportunities to develop civic responsibility through participation in the community. The Butler YMCA develops community-oriented individuals working hard toward a better tomorrow.

University Relationship

Established in 1879

The Butler Intercollegiate YMCA has developed a strong relationship with the University over the past 126 years and has gained the support from and collaborated with many other student organizations during this time.

The YMCA host 3 of the largest events on campus, Spring Sings (on campus for 75 year), Geneva Stunts (on campus for over 80 years), Spring Break Getaway.

The YMCA currently rents space on campus to facilitate programming.

Staff and Volunteer Structure

Volunteers: 1000 student volunteers

Staff: 1 part-time

Programs

Changes Team
Chapel Services
Freshman Weekend
Geneva Stunts
Giving Tree
IndyAfterSchool
Project Splash
Spring Break trip
Spring Sing
Y Buddies

Funding

Butler Intercollegiate YMCA does not receive University funding.

Gardner-Webb University Student YMCA (Branch of the YMCA of Cleveland County)

Gardner-Webb University
Box 7332
Boiling Springs, NC 28017
704-406-3832
704-484-9544 Fax
<http://www.clevecoymca.org/gardnerwebb.cfm>

Lisa Yerrick, Executive Director
lyerrick@gardner-webb.edu

Mission

The Cleveland County Family YMCA's mission is helping all people reach their God given potential in spirit, mind and body.

University Relationship

University relations with our YMCA are really good. The unique partnership established by the YMCA of Cleveland County and Gardner Webb University has afforded students the opportunity to incorporate classroom instruction with community based service opportunities. There is faculty representation on our YMCA's board and that representation is well respected among the campus community.

The YMCA is housed on campus in office space provided by the University. The Gardner Webb University Student YMCA is considered a leadership development center by YUSA because of our unique academic component.

The YMCA falls under the umbrella of the Student Development Division, as the organization provides out of the classroom experiences for students. Campus collaborations in the VP for Student Development, campus police, campus housing, counseling center, student ministries, etc. This division works together to provide a variety of services for students throughout the year, as well as programming specific to each partner department.

Staff and Volunteer Structure

Volunteers: Approximately 58
Staff: 2 full-time

Programs

YMCA Club
Emerging Leaders
Black Achievers
Youth & Government

Funding

The YMCA is a collaboration between the YMCA of the USA, Cleveland Co. YMCA, and Gardner-Webb University, with each contributing 1/3 of the budget's revenue.

YMCA of Middle Tennessee Student YMCAs (Branch of the YMCA of Middle Tennessee)
213 McLemore Street
Nashville, TN 37203

615-259-3418 ext. 105
615-255-7848 Fax

Jay Lawrence, Executive Director
jlawrence@ymcamidtn.org

Mission

University Relationship

Established in 1986 (founded early 1900's and then closed after WWII)

Staff and Volunteer Structure

Volunteers: 50 Vanderbilt student volunteers, 30 Tennessee State student volunteers, 25 Belmont student volunteers, and 50 additional student volunteers.

Staff: 1 part-time

Programs

Assets, The Bridge, Youth and Government, Black Achievers, Hispanic Achievers, Achievers (Kurdish), and Boys and Girls Club (mentoring and tutoring programs)

Funding

Collegiate YMCA Branch
YMCA of Greater Pittsburgh, PA

University of Pittsburgh
937 William Pitt Union
Pittsburgh, PA 15260
412-648-7960
412-624-3795 Fax
<http://www.pitt.edu/~ymca/>

Lila de Klaver, Executive Director
ldeklaver@ymcaofpittsburgh.org
ldeklaver@pitt.edu

Purpose

The purpose of the YMCA Student Leaders of Pittsburgh, Pennsylvania is to 1) develop students as responsible leaders in the community, 2) Support the work of the YMCA by recruiting capable volunteers and staff 3) support the efforts of University of Pittsburgh, and provide practical education opportunities for the students.

The Collegiate YMCA Student Leaders organization welcomes students of all backgrounds and beliefs who share these objectives to participate in our programs and enrich our college campus community.

University Relationship

In 1905 the Collegiate YMCA began to serve students and faculty at the University of Pittsburgh. Through the years the YMCA provided counseling, served campus lunches, alternative spring breaks, off-campus housing, student employment, chartered bus trips home, volunteer placement in community agencies and Freshman Orientations.

Today the Collegiate YMCA drives university students to serve others through our Service Learning Civic Engagement center. Students gain leadership, enrich lives and impact the community while instilling the YMCA's character development strategy. The YMCA is housed on campus in a generous space allocated by the University of Pittsburgh.

Staff and Volunteer Structure

Volunteers: 375 university student volunteers, 275 High school volunteers
Staff: 2 full-time, one full time AmeriCorps Member, and 5 part-time Student program Coordinators

Programs

Student led Service Learning Civic Engagement Center: *Health and Activate Pittsburgh, Community Outreach, & International Programming*; these programs have a relevant focus on literacy and education, media technology, and quality.

Intern Opportunities for High School, college, and career technical schools
Tutoring/Mentoring to K - 12
International Partnership with South Africa
Youth & Government
CHANGES
Day Camp
Y After School

Special Events: Y Sci Day, Bring Your Kids to Work events, Healthy Kids Day, Highmark Walk, International Fest

Funding

The University of Pittsburgh provides in kind space, maintenance, and other support services the Collegiate YMCA. The YMCA maintains an endowment fund, a sustaining campaign, collects program fees, and conducts fundraisers to further support innovative programming. Collegiate YMCA is a recipient of United Way support.

Georgia Tech YMCA
756 West Peachtree Street N.W.
Atlanta, GA 30308

404-894-4590
404-894-4591 Fax

Carlton Parker, Executive Director
carlton.parker@ymca.gatech.edu

Mission

University Relationship

Established in 1888, building in 1910

Staff and Volunteer Structure

Volunteers: 257 Student participants

Staff: 1 full-time volunteer staff

Programs

International Exchange Programs

Funding

YMCA of NDSU (North Dakota State University)
PO Box 5726
Fargo, ND 58105-5726
701-231-5225

Sue Andrews, Executive Director
susan.andrews@ndsu.nodak.edu

Mission

The YMCA of NDSU serves the North Dakota State University community through innovative programs by addressing the physical, social, occupational, environmental, spiritual, intellectual and emotional dimensions of wellness to promote life long learning, social awareness and ethical leadership.

Univeristy Relationships

Established in 1915

Staff and Volunteer Structure

Volunteers: 69 student volunteers and 14 policy volunteers

Staff: 1 full-time

Programs

Community Programs, HIV/AIDS education, Diversity events, Cancer Awareness, Diabetes Wellness, and International Programs

Funding

Investments

2086 Brookdale
Toledo, OH 43606
419-531-2612
419-531-7722 Fax
www.ymcatoledo.org/university.shtml

Vickie Bauman, Executive Director
vbauman@ymcatoledo.org

Mission

The mission of the YMCA of Greater Toledo is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

In October of 2005, we will celebrate 97 years as a student organization on the University of Toledo campus. As one of only a handful of student led YMCA's in the nation, the University YMCA is committed to providing UT students with the opportunity to develop leadership skills, promote social change, explore the diversity of UT by meeting people from different cultures and backgrounds, explore career options, serve the community and have fun.

University Relationships

1908 --- UY was established as a Men's Club only on University of Toledo Campus
1920 --- UY was established as a branch of the YMCA of Greater Toledo
1949 --- Freshman Camp was established as a partnership with the University of Toledo
1974 --- YWCA & YMCA joined to become Men & Women's Club
2005 --- Partner with Latino Student Initiatives (PRIMOS) to help with Latino Student retention via the UY Freshman Camp Program

The YMCA is located in a house called the Interfaith Center, which is directly adjacent to campus and is listed on campus maps. We have access to both YMCA facilities as well as University of Toledo facilities.

More recently the relationship between the YMCA and the University have grown in a positive way, inviting staff to sit on key committees as well as gaining further support from the Dean of Students.

Staff and Volunteer Structure

Volunteers: 85 active student volunteers
Staff: 1 Executive Director

Key volunteer positions in our Student Executive Cabinet, Student Cabinet & Freshman Camp Leadership Team that serve as the backbone of the University Student Led Y. Teen Camp & Kids In Motion are both facilitated by paid coordinators.

Programs--Activities and Services Provided to the University Community:

UY Semi-formal
Accepted Student Open Houses (February/March)
Dance Marathon (March)
Habitat for Humanity -- offered through a partnership with TCM (March/Spring Break)
Pedal for PUSH (April)
Songfest (April)
Spring Week (spring)
Big Event (April)
Student government meetings (spring)
Monthly Main Events (spring & fall)
Rocket Launches (June-July) 16 total evening programs
Teen Camp (June-August)
Freshman Camp (August/all year long)
Kids in Motion (spring & fall)
UT Blood Drives (fall & spring)

Intramurals (fall & spring)
Student Activity Fairs (fall & spring)
Promoted Depression Screenings for UT wellness center
Taking Kids trick or treating through the dorms (October)
Welloween (October)
Parents and Family Day (fall)
Fall Preview Day
Homecoming float (fall)
Homecoming activities (fall)
Northwest Ohio Food Bank (fall)
Salvation Army giving tree (November/December)
Josina Lott (all school year)
Teen nights at local YMCA's in Toledo (all school year)
NFL Punt, Pass, & Kick Competition for entire city of Toledo
Relay for Life
Cleaning up a garage for the Toledo Community Recreation Program
Provided coaches for youth sports programs at local YMCA's

Funding

Budget Size: \$225,000 approximate + \$65,000 Toledo Community Recreation Program
The University YMCA receives approximately \$6,000 annually to assist in funding Freshman Camp and hosts a sustaining campaign raising over \$30,000 in recent years.

A \$40 annual Student Memberships and several other Y programs collect program fees, however most student programming is underwritten.

University YMCA of the University of Illinois
1001 South Wright Street
Champaign, IL 61820
217-337-1500
217-337-1533 Fax
www.universityymca.org

Steve Shoemaker, Executive Director
sshoem3636@aol.com

Mission

Our mission is to challenge and nurture the mind and spirit of individuals and communities to develop and practice ethical principles and responsible leadership for social justice and the integrity of our natural world.

University Relationship

As the oldest continuous student organization at the University of Illinois, the YMCA has had a close relationship for 132 years. At times the YMCA have supported the University and its programs, sometimes challenged them--in the 50s & 60s on civil rights for blacks, in the 70s for women, in the 90s & now for gays and lesbians, in the 2000s on a union for grad students, etc. Steve Shoemaker has, for 5 years, hosted a weekly radio program on the Univ. AM station, "Keepin' the Faith", where individuals from a variety of faiths and backgrounds are interviewed and discuss current issues. The YMCA owns a large building across the street from the University... they offer to buy it every year.

Programs

Alternative Spring Break
Amnesty International
Campus Vegetarian Society
Environmental Resources
Libertas
Philippine Student Association
Rainforest Action Group
Red Bison
Students for Environmental Concerns
Students Improving the Lives of Animals
Vis-A-Vis
Dump and Run
Communiversality
Friday Forum
Know Your University
Reel World International Film Series
Other: Housing, scholarships, meetings and banquets, restaurant, and art exhibits

Staff and Volunteer Structure

Volunteers: 1,100 student volunteers and 30 policy volunteers
Staff: 6 full-time; 1 part-time

Funding

Departments associated with the University of Illinois provide some funding for Friday Forums, no other funds are allocated for use by the YMCA.

University YMCA - Columbia, Mo.

AO48 Brady Commons

Columbia, MO 65211

573-882-1550

573-884-7348 Fax

<http://www.students.missouri.edu/~uymca/>

Julie Alexander, Executive Director
AlexanderJu@missouri.edu

Mission

University Relationship

Established in 1910

From the beginning of our organization we served the students at the university by addressing their needs outside of the classroom. The original YMCA building served as the Student hub with recreation facilities, housing, and meeting spaces. The YMCA was essentially "Student Life". Once the University began assuming those roles, the YMCA turned its focus on providing a link between the community and the students. The YMCA has had various collaborations with the University through out our history. The Y once ran the summer orientation program, was the main link for international students to the campus, provided a joint scholarship to African-American students, and brought speakers to campus. More recently the YMCA has worked with Student Life in providing a day of service during Fall Welcome, creating a Community Service office, providing a referral source for students with mandated community service hours, establishing a volunteer fair for students and community agencies to meet and provide recruitment opportunities, serving on the Service Learning Task Force, assuming the role of advisors for other student organizations, working with Student Health Center to provide HIV Oral Testing, implementing a Freshman Retreat focusing on community service and leadership, and collaborating with the School of Social Work to provide a Y-Immersion trip.

Aside from providing community service opportunities to students, the YMCA serves as a referral center for many faculty and staff who are looking for information on volunteerism and contacts within the community.

Our YMCA is located in the Center for Student Involvement on Campus. We share space with 50 other student organizations. Our office is a cubicle - approximately 20 square feet.

Staff and Volunteer Structure

Volunteers: 208 student volunteers and 29 policy volunteers

Staff: 2 full-time staff members

Programs

Summer Day Camp, *Camp Mudd*

Y Tutors

Youth & Government

Habitat for Humanity

Kid Contact

Grandsharing

HIV/AIDS testing

Boone County Tenant Association

Y Immersion

Funding

The YMCA receives minimal funding from the Student Organization Allocation Committee to use for coping, advertising, travel, phones, postage, and some office supplies.

University Branch YMCA

Branch of the YMCA of Minneapolis, Minn.

1801 University Avenue SE

Minneapolis, MN 55414

612-676-7700

612-676-7701 Fax

<http://www.umn.edu/u-ymca>

Mission

University Relationship

Established in 1887

For 118 years, the U-Y has been a part of the University of Minnesota in a variety of ways and capacities. The YMCA once served as the welcome center for freshmen students and has evolved over the years to teaching a 6 credit course for Metro Internship. The U-Y is a registered student organization on the campus and is housed on fraternity row in a building recently completed and funded by the Y. Community Board members, who also serve as University faculty or staff provides the YMCA the opportunity to connect with the campus community. Additionally, the U-Y belongs to the Interfaith Campus Coalition, are involved in various activities on campus such as, Homecoming, Month of Kindness, halftime shows, concession stand operations, as well as providing space for rent to several colleges on campus for training, etc.

Staff and Volunteer Structure

Volunteers: 500 University students, 75 student Program Leaders and 21 community board members with an additional 7 student members

Staff: 5 full-time

Programs

Y Buddies

Y Scholars

Y Tutors

Y Force

Internships Programs: Y Metro Internship: A Community In Action

Y Environment Backpack

Y Immersion

Y Student Board of Directors

Funding

YMCA at Washington State University

Compton Union Building B27

Pullman, WA 99164-7230

509-335-3915

509-335-0112 Fax

Erik Bengston, Executive Director

wsuymca@wsu.edu

Mission

The mission of the YMCA at Washington State University is to provide WSU students and other volunteers with the opportunity to serve their community and develop leadership skills while participating in programs that build strong kids, strong families, and strong communities.

University Relationship

The YMCA at WSU was chartered on November 24, 1894 and remains the oldest Registered Student Organization on campus. The YMCA's mission, programs and location have evolved to meet the needs of the campus and community alike. Today, that relationship is strong and continues to provide new opportunities for collaboration. The YMCA's Service Learning programs are housed in the Compton Union Building on campus while YMCA representation on University relations committees remains constant. The Community Service Learning Center on WSU's campus continues to provide collaborative program opportunities for students to become more civically engaged.

Staff and Volunteer Structure

The YMCA at WSU has three fulltime staff serving the Pullman, Washington community. Over 200 volunteers serve in the following programs coordinated and facilitated by approximately 20 Program Coordinators. The YMCA at WSU has eight policy volunteers charting a course of work that will continue create innovative and collaborative programs to serve the youth and families of the Palouse.

Programs

The YMCA at WSU has a licensed School Age Center serving approximately 40 youth daily. Additionally, Y Kids First! provides after school programming and day camp opportunities for youth with disabilities. The Pullman YMCA Swimming Titans currently provides a competitive swimming environment for many Pullman youth as well. The YMCA has also adopted an AmeriCorp program to assist children and families in several counties in Eastern Washington.

The following programs are student run and explore service learning within the Pullman community:

- Adaptive Recreation
- Alternative Service Breaks
- Big Buddies
- My Family
- School Age Tutors
- YMCA Club
- Youth & Government

Funding

The YMCA at WSU has, for 89 years, produced the Campus Directories, or Fusser's Guides, as a source of revenue to support program development. An *Alumni Partners with Youth Campaign* is conducted in the fall and a *Community Campaign* has been initiated in the spring as additional funding opportunities. Currently the YMCA does not receive University funding, however efforts to further develop that relationship with departments on campus has begun. The YMCA at Washington State University is a United Way agency and receives program fees from the School Age Center to support community-based programming. Grants and other generous contributions provide the means necessary for the YMCA to serve the Pullman community.

**Washington University Campus Y
Branch of the YMCA of Greater St. Louis
Campus Box 1076
One Brookings Drive
St. Louis, MO 63130
314-935-5010
314-935-4635 Fax**

<http://www.ymcastlouis.org/washington/home.html>

Deb Salls, Executive Director

Mission

The Campus Y is a student-centered organization dedicated to developing ethical leaders of exemplary character by applying the principles of the YMCA of Greater St. Louis in partnership with Washington University in St. Louis.

University Relationship

Established in 1911, the YMCA and YWCA chartered on campus around 1911- interrupted by WWI and after 1924 increasingly the Campus Y (a joint venture of the YMCA and YWCA) became a strong student organization. Our home for over 60 years has been a sprawling basement space in one of Wash U's buildings in the heart of campus. YMCA staff serve on many committees throughout campus, developing and sustaining a positive and collaboration relationship. The Wash U Campus Y is considered part of the student services infrastructure at the University and many Wash U staff and faculty have served on our board over the years. The Y offers student leadership opportunities through community involvement program. There are many student organizations, which we are considered one of and also Community Service Office on campus. In some circumstances, the YMCA may be considered a department of Washington University. We are defiantly a student institution and the school is proud we are part of it. Free space is given to us in the basement of Umrath hall- one of the older buildings at the heart of campus next to the Malinckrodt Center (which is like a Student Union) We moved to this location in 1944.

Staff and Volunteer Structure

Volunteers: 650 students involved in programs, 90 Student Program Leaders, 5 students on Student Executive Council, and 20 policy volunteers

Staff: 3 full-time

Programs

Greg Delos Y Tutor

Gateway

Arts and Kids

A.W.A.R.E. (Action for Women's Awareness, Rights, and Equality)

Campus Y Big Brothers Big Sisters

Sunday with the Kids

Alternative Spring Break

Catalyst

Aim High

Natural Ties

S.A.G.E.

LAUNCH

V.E.R.D.E. (Volunteers for Environmental Restoration, Development, and Education)

W.A.G.S. (Working so Animals Get Support)

Wash. U. H.O.P.E. (HIV Outreach Prevention Education)

Wash. U. Wish

Funding

Our programs receive funding from the Student Union- a total of about 20,000- 30,000 per year.

YMCA at Virginia Tech

403 Washington St. SW

Blacksburg, VA 24060

540-961-YMCA

540-961-5217 Fax

<http://www.vtymca.org/main.html>

<http://www.ymcasp.org.vt.edu>

Gail Billingsley, Executive Director

ymcagail@peoplepc.com

Mission

University Relationship

The YMCA at Virginia Tech was founded in 1873; one year after the university was founded. The Y initially performed almost all non-academic student services on campus. As the student union movement grew, the Y's role focused upon community service and enhanced social awareness. Programs such as the Open University, International Programs and the Thrift Store began during this dynamic period of YMCA history. In an effort to re-create our student connection, Student Programs was created in 1986 to provide a means for students seeking ways to develop student leaders and have an impact on society and the environment.

There is no official partnership between the university and the YMCA; however, due to its long history with the university and its accomplishments, the Virginia Tech recognizes the Y for what it does and provides opportunities for us to work within the university setting. To date, the YMCA at Virginia Tech Student Programs is given office space in the Student Union building. We work closely with the VT Service-Learning Center and individually with many different professors to provide service-learning opportunities.

The YMCA provides volunteer opportunities, internships, and work-study positions for the students. Our staff sits on various university committees and partners with other student organizations to participate in campus events such as AIDS Awareness Week, Women's Month, Earth Day Fair, and more. Students and professors also participate in the Y's Open University classes, book sales, etc.

The YMCA at Virginia Tech's main administrative office is housed across the street from the dorms and dining halls. The Lancaster House was a gift and is now owned by the YMCA at Virginia Tech. Additionally, it does have an office in the Student Unions building for the Student Programs. Originally, the YMCA at Virginia Tech had an entire building on campus. After the university bought that building, it offered us space in the Student Union. The space is more like a grandfather clause. It is neither rented nor owned by the Y. We continue to stress the history of the university and the Y as well as demonstrate the importance of our organization on campus to maintain our current status.

Staff and Volunteer Structure

Volunteers: 1200 volunteers (all programs), including 500 student volunteers, and 21 policy volunteers

Staff: 11 full-time and 50 part-time

Student Program Leaders plan, facilitate and execute many of the YMCA's community based programs.

Programs

Student Programs include:

Alternative Breaks

Garden Project

Nature Awareness and Trackin' Stuff

Y Recycling

Therapeutic Horse Riding

Project Home Repair

After School Programs

Buddy Programs

4-H Cloverbuds

Elementary School Tutoring

Middle/High School Tutoring

Senior Connections

GLE Cares

Other campus collaborations include AIDS Awareness week and Women's Month

YMCA at Virginia Tech also features International Programs, YMCA Crafts Fair, Open University, Y-Zone Childcare, and 2 Thrift Stores.

Funding

The YMCA at Virginia Tech's Student Programs is a registered student organization and does receive annual funding from the VT Student Budget Board. The money allotted must be for campus-wide events that are open to all students. It does not support administrative costs. Funds from the Student Budget Board are used for speaking

events, conferences, recruitment fairs, and supplies for the student leaders' office. The YMCA generates revenue from two Thrift Stores, the YMCA Crafts Fair, Program fees associated with Open University, Y-Zone Childcare, conducts and Annual Campaign and has an endowment fund that collectively sustains YMCA programming.

The Coalition of Campus YMCAs (CCY)

Mission

Background

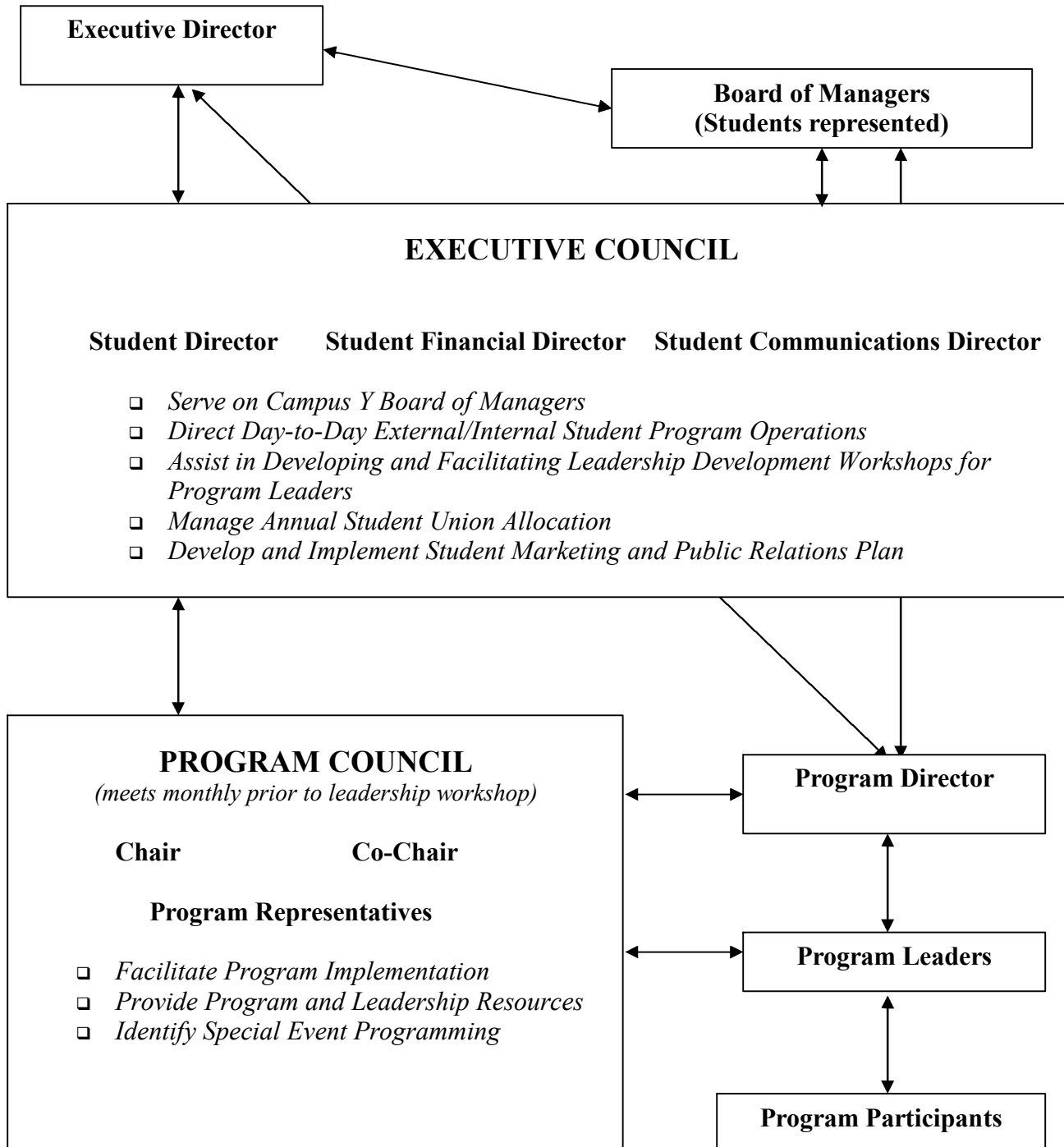
Goals

Conferences

Today

Washington University St. Louis, MO

CAMPUS Y STUDENT LEADERSHIP STRUCTURE A SHARED GOVERNANCE MODEL



INTERNATIONAL STUDENT YMCAs

The following is a list of YMCAs contacted in an effort to create a complete list of International Student/Uni YMCAs. Confirmed Student/Uni YMCAs are noted.

TRAINING & RESOURCES AVAILABLE FROM THE YMCA OF THE USA

RESOURCES

YMCA of the USA
101 North Wacker Drive
Chicago, IL 60606
800-872-9622

YMCAExchange: www.ymcaexchange.org

The YMCA of the USA can help with all aspects of starting a Student YMCA, from board development to programming ideas to legal concerns and fundraising. The YMCAExchange contains bulletin boards and training course information as well as resources published by the YMCA of the USA.

The Asset-Based Community Development Institute (ABCD)

Northwestern University
2040 Sheridan Road
Evanston, IL 60208

www.northwestern.edu/IPR/abcd.html

ABCD Institute at Northwestern University is built upon three decades of community development research by John Kretzmann and John L. McKnight. The ABCD Institute spreads its findings on capacity-building community development in two ways: (1) through extensive and substantial interactions with community builders, and (2) by producing practical resources and tools for community builders to identify, nurture, and mobilize neighborhood assets.

Campus Compact

Box 1975

Brown University
Providence, RI 02912
401-863-1119

www.compact.org

Campus Compact is a national coalition of more than 750 college and university presidents committed to the civic purposes of higher education. To support this civic mission, Campus Compact promotes community service that develops students' citizenship skills and values, encourages partnerships between campuses and communities, and assists faculty who seek to integrate public and community engagement into their teaching and research.

Do Something

423 West 55th Street, 8th Floor
New York, NY 10019
212-523-1175

www.dosomething.org

Do Something is a national organization led by young adults and dedicated to inspiring and assisting those under the age of 30 to contribute to their communities. Do Something is developing a curriculum, training program, media campaign, and Web site to help community organizations actively engage young people in their efforts to change the world.

The National Center for Nonprofit Boards (NCNB)

1828 L Street NW, Suite 900
Washington, DC 20036

www.ncnb.org

The National Center for Nonprofit Boards (NCNB) is dedicated to increasing the effectiveness of nonprofit organizations by strengthening their boards of directors. NCNB is the world's largest, most comprehensive publisher of material on nonprofit governance, offering more than 100 booklets, books, videos, and audiotapes. In addition to printed materials, NCNB provides assistance and resources through its Board Information Center, website, and workshops.

The National Service Resource Center (NSRC)

ETR Associates
PO Box 1830
Santa Cruz, CA 95061
800-860-2684

www.etr.org/nsrc/index.html

The NSRC supports and serves the programs of the Corporation for National Service -- promoting volunteerism and community service activities throughout the USA. It is part of a network of over twenty organizations providing training and technical assistance to Corporation-funded programs. NSRC's mission is to act as a central point for sharing training and technical assistance information and resources with Corporation-funded programs, State Commissions, other AmeriCorps training and technical assistance providers, and the Corporation.

Nonprofit Risk Management Center (NRMC)

1001 Connecticut Avenue NW, Suite 900
Washington, DC 20036
202-785-3891

www.nonprofitrisk.org

NRMC helps nonprofit staff and volunteers control risks in order to focus better on their missions. It publishes many resources, including a newsletter, and also offers training and consulting.

Search Institute

700 South Third Street, Suite 210
Minneapolis, MN 55415
800-888-7828

www.search-institute.org

Search Institute is an independent, nonprofit, nonsectarian organization whose mission is to advance the well-being of adolescents and children by generating knowledge and promoting its application. To accomplish this mission, the institute generates, synthesizes, and communicates new knowledge, convenes organizational and community leaders, and works with state and national organizations.

The Society for Nonprofit Organizations

6314 Odana Road, Ste.1
Madison, WI 53710
800-424-7367

<http://danenet.wictp.org/snpo/>

This is a membership organization that provides information and resources to the nonprofit sector. Its mission is to serve as a resource for board members, paid staff, and volunteers who lead or help nonprofit organizations around the world. It publishes a bimonthly magazine, *Nonprofit World*, on relevant nonprofit issues and a monthly report on funding opportunities for nonprofits.

YMCA Program Store

800-747-0089

Fax 217-351-1549

The YMCA Program Store Catalog contains many resources for youth and community development as well as volunteer and board development. Of particular interest is *The Service-Learning Guide: A Tool for Enriching the Member, the Participant, the YMCA, and the Community*. This resource is an excellent overview of the service-learning process. It offers tools and recommendations for integrating service-learning into individual projects, programs, as well as into the overall operation of a YMCA. A number of YMCA service-learning examples are highlighted as well as suggestions for implementation and support materials. The guide is available for \$12; ISBN 0-7360-3757-8.